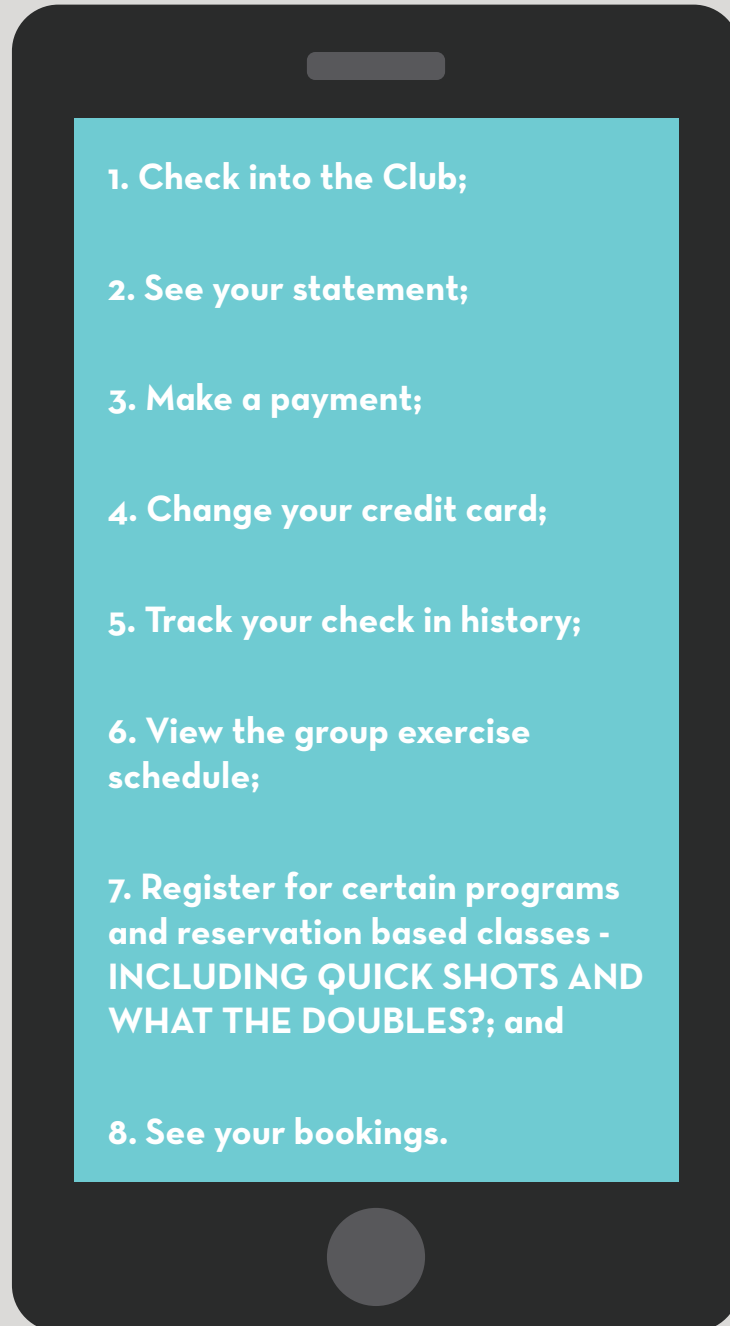


USE THE APP TO



1. Check into the Club;
2. See your statement;
3. Make a payment;
4. Change your credit card;
5. Track your check in history;
6. View the group exercise schedule;
7. Register for certain programs and reservation based classes - INCLUDING QUICK SHOTS AND WHAT THE DOUBLES?; and
8. See your bookings.

If you're an Apple user, please search for "North Little Rock Athletic Club" in the app store. Not an Apple user? Please search for "The Athletic Clubs" in the play store.

However, AND THIS IS IMPORTANT, the app only works AFTER you've established your online credentials. If you have not done so, you can do so **HERE**.