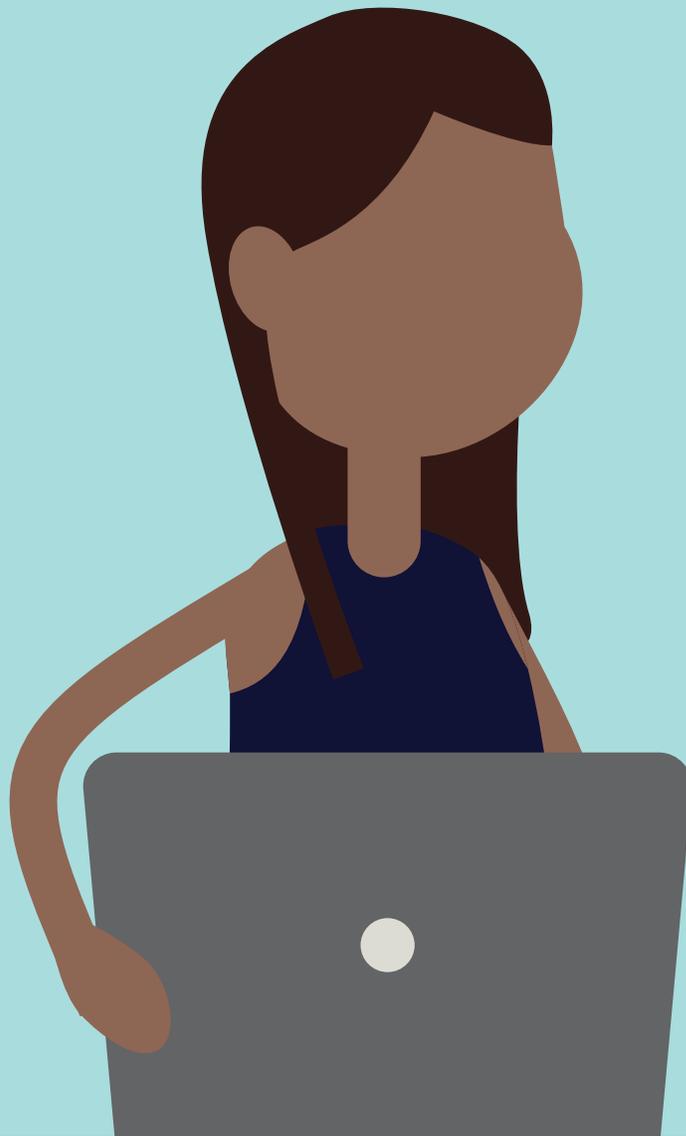


'20 - '21 Virtual Learning Support



North Little Rock
Athletic Club

play on

3610 SAM PECK ROAD | LITTLE ROCK, AR 72223
501.225.3600 | WWW.LRAC.COM

PROGRAM DESCRIPTION

Created to assist families electing all or part of a virtual school week, our state licensed "eClub" will guide students through their academic day, provide social interaction and age appropriate fitness activities.

Our program coordinator will review schedules with parents and establish individual plans for students. Each child will have a dedicated "home base" at which they can set up his/her laptop and school supplies. Home bases will be spaced appropriately and staff will move between to check on progress.

Where fitness and fun are concerned, we will work these into the day around the academic schedules. Activities will include swimming, tumbling, arts and crafts, creative movement and dramatics, movies and more.

HEALTH AND SAFETY

In order to ensure the safety of all participants and staff, we follow state cleaning, disinfecting, and social distancing guidelines.

DETAILS

Ages: Kindergarten - 10 years old

Time: 7:30 am - 2:30 pm

Fees: (Includes all activities, morning and afternoon snacks. Children should bring a healthy lunch.)

Monthly: Member - \$250, Non-member - \$290

Monthly with extended care (2:30 - 6:00 pm):

Member - \$320, Non-member - \$400

Daily*: \$50

Daily with extended care (2:30 - 6:00 pm)*: \$70

Registration: Children can be dropped off anytime during the day provided their spot has been reserved. Monthly reservations must be made by the 15th of the month prior and daily/weekly reservations may be made the week prior if space is available.

Submission of this form does not guarantee a place in our eClub program and space is limited. A \$60 registration fee must accompany this application in order for it to be processed. (NLRAC members may charge their Club account.)

Children should supply all of their own materials including fully charged laptops, headphones, pencils, pens, masks, etc.

For more information, contact Youth Director, Diane Daws, at 501-812-5559, ext. 226, or dcollie@nlrac.com.

*These options are only available space permitting.

Daily Schedule

7:30 - 8:00	Drop off/set up
8:00 - 8:20	Morning snack
8:20 - 10:20	Virtual school work
10:20 - 10:35	Break
10:35 - 11:20	Virtual school work
11:20 - 11:30	Clean up/wash hands
11:30 - 12:00	Lunch
12:00 - 1:00	Active activities/group games
1:00 - 2:00	Virtual school work (if needed)**
2:00 - 2:10	Wash hands
2:10 - 2:30	Snack/pick up

**If students are done with work, they will have activities to choose from such as board games, coloring, maze play, etc.

PARTICIPANT INFORMATION

Name: _____ Date of birth: _____ Gender: Male Female

Child is a(n): NLRAC member Non-member

Mother's name: _____ Father's name: _____

Street address: _____ City: _____ State: _____ Zip: _____

Mother's phone: _____ Father's phone: _____

Email (for program updates, if needed): _____

School: _____ Grade: _____

If requesting "Daily," what day(s) of the week do you desire? Mon Tue Wed Thu Fri

PICK-UP AUTHORIZATION

___ My emergency contact is authorized to pick up my child from the NLRAC.

Other adults authorized to pick-up my child from the NLRAC include:

Name	Relationship	Address	City/State/Zip	Phone
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

PAYMENT INFORMATION

Person responsible for payment: _____

Responsible party's address: _____ City: _____ State: _____ Zip: _____

Day phone: _____ Evening phone: _____ Email address: _____

Method of payment (Indicate your choice by completing the appropriate information below):

NLRAC club account option (for members only/account must be current)

Name of member to be charged: _____

Credit/debit card option (Visa, MasterCard, Discover, American Express)

Name as shown on card: _____

Credit card number: _____ Expiration date: _____ CCV number: _____

MEDICAL INFORMATION

Person to contact in case of emergency if parents cannot be reached: _____

Phone(s): _____ Relationship to child: _____

Doctor's name: _____ Phone number: _____

Doctor's address: _____

Emergency room of choice: _____

Allergies, medications, special conditions including but not limited to asthma, diabetes, sun sensitivity, seizures or fainting spells (please provide specifics): _____

Will the NLRAC need to dispense medication? (circle one) YES NO

DISCIPLINE

The NLRAC reserves the right to remove a child from any program or activity if the child's behavior jeopardizes his/her own safety, that of others, or is so disruptive that the enjoyment of other participants is diminished.

The NLRAC uses "timeout" to encourage good behavior. A child who must take a timeout will be removed from participation and is required to sit alone quietly for 1 minute for each year of age, i.e., a five year old would incur a 5 minute timeout whereas an eight year old would sit for eight minutes. This policy will be clearly explained to each child and a verbal command will be given which instructs the child as to how he/she is supposed to behave before any timeout is given. Parents will be informed on a daily basis if their child was put in timeout. Continuous behavioral problems may result in removal from the program.

**SIGN THE WAIVER ON THE BACK
AND RETURN TO THE DOWN UNDER CENTER** 

RELEASE OF LIABILITY AND ASSUMPTION OF RISK

I understand and acknowledge that this is an agreement between myself and the auspices of the Little Rock Athletic Centers, LLC, dba Little Rock Athletic Club, Little Rock Racquet Club, North Little Rock Athletic Club and Downtown Athletic Club (collectively referred to as LRAC). I further acknowledge that I have the ability to read and have been provided the opportunity to read this agreement before signing.

I understand and agree that being allowed to participate and utilize the equipment, programs, supplies, services, staff and facilities at LRAC is good and valuable consideration for this agreement.

I understand that the nature of LRAC's facilities and equipment contemplate that other members, guests and staff will have access to the equipment, supplies and services available at LRAC. While LRAC takes reasonable steps to insure the safety and sanitization of the equipment, programs, supplies, services and facilities, it cannot and does not guarantee that the equipment, programs, supplies, services and facilities are germ / virus free (this includes, but is not limited to COVID-19). I acknowledge the individual responsibility regarding these issues and hereby waive any and all claims related to such issues should I or my children choose to participate and/or utilize the equipment, programs, supplies, services and facilities. I also acknowledge the individual responsibility regarding the fact that other members, guests or staff may be present and may have medical conditions and/or infections wholly independent of LRAC. I hereby waive any and all claims related to such issues should I or my children choose to participate and/or utilize the equipment, programs, supplies, services and facilities while other members, guests or staff are present.

RELEASE AND AGREEMENT NOT TO SUE: I understand, acknowledge and agree that the equipment, programs, supplies, services and facilities at LRAC are voluntary and that they involve inherent risks. The risk of injury includes the risk of use and the risk of misuse. The possible injuries include the potential for permanent paralysis and death. I knowingly and freely assume all such risks, both known and unknown and assume full responsibility for my participation and that of my children. I knowingly and freely agree to waive any claim for injury sustained at LRAC and agree not to sue LRAC (including its managers, officers, officials and/or employees) whether or not the claim for injury was caused by the negligence of LRAC, its managers, officers, officials and/or employees. I further agree to indemnify and hold harmless LRAC against any and all damage, loss, cost and expense related to any injury or harm I or my children might sustain.

Photography and/or Video - I understand that LRAC periodically takes facility and group photographs and videos and uses the resulting content for lawful purposes including, publicity, illustration, advertising and web content. I grant to LRAC and all its subsidiaries the right to take photographs and/or videos of myself or my children. I authorize LRAC, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that LRAC may edit and use such photographs and/or videos for any lawful purpose..

Text and Email Communication - By opting in to receiving text and email messages from LRAC, I agree to allow LRAC and all its subsidiaries, agents and service providers to contact me with promotional and informational texts and emails at the phone number(s) and/or email address(es) provided. I acknowledge that providing these phone numbers and email addresses is not a condition of receiving any property, goods or services. By listing this information, I certify that it is accurate and that I own the rights to use it and give consent for it/their use. Additionally, I understand that I may unsubscribe at any time to these communications.

PARTICIPANT AGREEMENT

My signature conveys:

- I have read all of the above, fully understand its meaning and that I have given up substantial rights and granted specific permissions which I do freely and voluntarily without any inducement or coercion.
- I give my consent for my child to receive medical or surgical aid as may be deemed necessary and expedient by a duly licensed or recognized physician or surgeon in the case of an emergency when a parent or guardian cannot be reached. Consent is also given for an LRAC employee or his/her duly appointed representative to transport my child for emergency medical treatment in said situation;
- I authorize the LRAC to draft my program fee;
- I understand and agree to the LRAC's policy on discipline;
- I understand that I may ask for a conference with a staff member(s) as needed. I also understand that the Department of Human Services (DHS) can ask me or my child for an interview at any time concerning the facility.

Child's Name: _____

Parent's/Guardian's Signature: _____ Date: _____

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NLRAC USE ONLY

Acceptance Date: _____ Notified by: _____